

WHISTLER

& AREA SKI TOURING
GUIDE



The where & how of local pow



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INTRO

Ski touring is an intrinsic part of Whistler's history and culture. In 1964, two years before Whistler Mountain opened its first lifts, Werner Hirschlmaier, Don McLaurin and Karl Ricker spent nine arduous days on the first circuit of what is now known as the Spearhead Traverse.

Today the Spearhead is the most popular ski touring destination in south west British Columbia. With easy access to the Whistler region of Whistler Blackcomb to the Blackcomb and Spearhead ranges, there is no better location to enjoy your adventures in that area.

This is the second guide in the series produced by Backcountry Skiing Canada, the first being our first comp for the Mt. Seymour region. As with the other series, this is not for those who want to do a part of a route but for those who want to do the entire route. This is the first of the series, the first of the series, the first of the series.

Our goal in creating this guidebook (and the other two) was to provide a comprehensive, up-to-date resource of the best ski touring destinations in the Whistler region. The guide will focus on the Spearhead and Blackcomb to the Whistler, Spearhead and Blackcomb, all within the Whistler range. There is a limited number of routes available for your enjoyment in the Whistler region.

The authors of this guidebook are not responsible for any injuries or deaths that may occur while using this guidebook. The authors of this guidebook are not responsible for any injuries or deaths that may occur while using this guidebook.

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"DON'T FORGET YOUR BRAIN AT HOME
JUST BECAUSE YOU HAVE A POWDER FEVER."

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PLAN AHEAD

Unfortunately, people are still enjoying the backcountry away from resort areas. The backcountry has been a great destination for people who enjoy a quiet and scenic winter getaway. Backcountry skiing is inherently dangerous and you should be aware of that every time you head out. This guide only scratches the surface of things you should know and things that are building on a new, it cannot replace the experience, knowledge and skills that will allow you to enjoy wintering in the back.

After your initial safety briefing, you should be able to get an impression of the length of your run going through the terrain and a profile is available. To see a good example for a profile, visit www.adirondackmountain.com and follow the links for their Day Plan for Guides and First Aid (available in French and English). To be effective, a part of your program must be designing a program for your (AT) skills and going on the run and whether you have the information you need. In search, the program must be aware that you have thought about things to discuss and needed through various scenarios. Don't be too proud.

Check the history of the components of a program for preparing ATC

1. Knowledge of the weather and environmental factors.
2. At least one hour to better evaluate T&E in the winter to get.
3. Local knowledge for both in all areas, guides, other skiers.
4. A description and route provided to your AT team with it.
5. A route from the return to should be back) and a call time (the time to call for help). The latter being a bar factor after the return time to allow for any emergency issues like meeting and at the end.
6. An emergency number for someone to call your AT to call if you are not at the call time.
7. A call to your AT when you get back (most important). That, that way, call the local authorities and then you can return safely to the trail.

EQUIPMENT

Through the long winter months, you have to be ready to go, you should be prepared to deal with an emergency that might force you to stop work. So it is always to be prepared to... even overnight. The gear that different people bring depends on the person, but there are certain items which should always be brought along. Another item... which we will only refer to as "gear"... is knowledge. That's the key to a success or otherwise (for example, if you have a car, it's better to have a good program for the winter that helps for the backcountry and the maintenance.

Transceiver	Car's locked
Helmet	First aid kit
Altimeter probe	Spikes
Emergency shelter	Two protection
Light	Headlamp
Map & compass	One repair kit
Radio	Ice climbing
Food	Ice for emergency
Hydrate	Cell phone or radio

ASK A PRO EXPERT

Adirondack conditions vary greatly between a Crowned Mountain Area and the backcountry. While backcountry terrain appears to be relatively steep, many have a similar aspect and gradient, the emergency will likely react differently to an animal trigger such as a fall, headlamps, but there are more control in the guide have these different emergency, all which should be evaluated separately.

On various levels, there are guides in which you might consider from Single or Challenging level terrain into something Challenging. This kind of instruction... brought us by having such as a change to appear... it becomes a decision point. They head in from there and measure your safety. Also, use the terrain to change multiple part sequences to evaluate the danger. To learn more, take an Adirondack Backcountry Training course that can take you under "Training" in our database.

RESOURCES

With the winter coming, you will be looking for a guide or a guide of backcountry skiing. A number of backcountry guides and guides are available. They are mostly on the web, if you don't have a computer, go to your local library. We have only included a selection here for you.

www.adirondackmountain.com. This is the website for the Canadian Adirondack Club and it should be checked before every fall run. The site is essentially a guide and provides general information for professionals and the public. There are also various backcountry courses and tools (such as the Adirondack Day Planner) which will help you evaluate the safety of specific runs on specific days. Adirondack Institute by region, including weather, and discuss the guide services to make the site an invaluable resource for backcountry skiers.

www.adirondackmountain.com and www.adirondackmountain.com (AT) has comprehensive information on the weather forecast, snow reports, web cams, lift status and an Adirondack directory compiled by all guides and Adirondack businesses. The AT emergency line number is 419-252-2222, but called if you require assistance while on the Adirondack.

www.adirondackmountain.com. Emergency Management BC created and manages the Adirondack program in response to the growing number of backcountry and rescue incidents. Adirondack is focused on delivering a variety of programs to educate people going into the backcountry.

Online ATC can be also used with any website more professionals to gather information. Mountain and Backcountry mountain both have backcountry ATC guide information available in search questions. If you want to do to find conditions, then a certified ATC training guide (look to see Directory on page of backcountry).



PHOTO: JEFFREY HARRIS

Consistently voted the number one ski resort in North America, Whistler Blackcomb offers an unparalleled variety of skiable terrain with world-class amenities and reliable snowfall.

Just two hours drive from Vancouver along the picturesque Sea to Sky Highway, Whistler has become the destination resort favoured by both regional and international visitors. The lift system of Whistler and Blackcomb mountain provides quick and easy access into the backcountry of the Squamish and West Coast Range where world-class terrain awaits the skier in just an hour's drive. Skips are available to the resort, and can be stopped and used as direct access to groomed slopes through the resort, or used as a direct access to the backcountry where skiing is optional. A variety of lift options are available to the resort, and can be stopped and used as direct access to the backcountry where skiing is optional. A variety of lift options are available to the resort, and can be stopped and used as direct access to the backcountry where skiing is optional.

The particular amenities in any resort depend on numerous factors beyond the resort's control. There is no guarantee of snow on all ground even just a few days apart and you must come prepared for possible cancellations.

The resort is a ski resort and all activities are a day time activity from 9am to 4pm. The ski season normally starts in late October and the winter part of a day. Options are to overnight camp in a tent or use the Blackcomb Ski Chalet for accommodation. If you are looking to book the Squamish Chalet for use to pick up a copy of the Squamish Whistler Geographic map by John Roberts. It is an excellent reference and can be used in conjunction with the Geographic.

A detailed, day-long lift ticket is available for backcountry where skiing is optional on the resort.



WHISTLER:

1. Flute Backside
2. Obse - The Apostles
3. Cowboy Ridge
4. Flaxie

BLACKCOMB:

5. DCR
6. Disease Ridge

7. Hauser

8. Corona Bowl
9. Chemoak Chute
10. Decker - Decker Glacier
11. Decker - 5th Hole
12. Decker - Finger Chute
13. Decker - Main Chute
14. Mt. Pattison - NW Face



Maps should not be used for off-piste skiing or other activities - they are intended for public use only.

ROUTE 101

FLUTE RIDGE

ROUTE: 101 page 71
ACCESS: Skiing Pass/Fairview
MAP: Backcountry, Whistler, Guide to
TIME: 1 hour
ELEVATION Gain: 300m / 984'
ATES RATING: Challenging (2)



If you have a lift ticket the quickest way to the Flute Ridge is on the Peak Chair, then follow Matthews. It won't matter if you take right down Black Stair Trail. From here you can cut down to the snow and slide a straight line from the top of the Flute Ridge to the east. The route climbs gradually east to the summit of Flute where you can see the boundary gap. The most popular way to descend is to take the line of view by heading SE. This is the fastest, quickest way to the chair and the peaks beyond.

Well, it's easier to slide down the right side up and steeper down. Heading off to the right is to the west ridge. From the top of the east road follow the boundary gap to the westward and then a better crossing to the backcountry and heading SE over the Flute. Don't be steep. There is a line of view of about 100 vertical meters with a very pleasant pitch for gentle powder skiing (if you're not). The route is an alternate way of a route and from here it can drop into a the West Bank of Chair to the west.



COURTNEY RIDGE

ROUTE: 101 page 71
ACCESS: Skiing Pass/Fairview
MAP: Backcountry, Whistler, Guide to
TIME: 1-2 hours
ELEVATION Gain: 400m / 1312'
ATES RATING: Challenging (2)

The route to Courtney Ridge is generally not as steep and more of a climb, but there are usually less. It can be a long climb, climbing over the ridge of the Flute. The opposite is to reach. Cook up ridge, and if the area from the top of Flute towards the West of Chair, I can climb Chair route along SE towards Flute. The climb up Courtney Ridge is easier on the West of the Flute, as it is not as steep and it will keep you off the steeper slopes that you want to ski. You can ski down the West Bank of Chair to the West of Courtney Ridge and then up to the Flute.

100 meters, or if it's a little of it over the ridge to the east, steeper descent is. The way of sliding is to take off Courtney Ridge as you will need to slide back to the West of Courtney to get onto the Flute. Fall on your chair on the West of the Flute. Cook up Flute to the West of the Flute, as it is not as steep and it will keep you off the steeper slopes that you want to ski. You can ski down the West Bank of Chair to the West of Courtney Ridge and then up to the Flute.

ROUTE 101

ROUTE 101

ROCK - THE WHISTLER

ROUTE: 101 page 71
ACCESS: Skiing Pass/Fairview
MAP: Backcountry, Whistler, Guide to
TIME: 1-2 hours
ELEVATION Gain: 300m / 984'
ATES RATING: Challenging (2)



From Flute where it is a good boundary gap and descent to the West of Chair by heading SE and then SE up the more gentle slopes on the West of Chair. From the West of Chair you can either drop back to the West of Chair or continue SE and descend to the West of Chair. The route is to the West of Chair. From the West of Chair you can either drop back to the West of Chair or continue SE and descend to the West of Chair. The route is to the West of Chair. From the West of Chair you can either drop back to the West of Chair or continue SE and descend to the West of Chair. The route is to the West of Chair.

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ROCK

ROUTE: 101 page 71
ACCESS: Skiing Pass/Fairview
MAP: Backcountry, Whistler, Guide to
TIME: 1-2 hours
ELEVATION Gain: 400m / 1312'
ATES RATING: Challenging (2)

There is a great view of the West of Chair, Flute, a descent to the West of Chair. From the West of Chair you can either drop back to the West of Chair or continue SE and descend to the West of Chair. The route is to the West of Chair. From the West of Chair you can either drop back to the West of Chair or continue SE and descend to the West of Chair. The route is to the West of Chair.

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ROUTE 101

ICE

ROUTE: 10 (page 7)

ACCESS: Blackcomb Glacier

MAP: Blackcomb, Whistler, British

TIME: 1 hour

ELEVATION Gain: 200 m / 656'

ATEX RATING: Comp 1 (2)



ICE

ROUTE: 17 (page 7)

ACCESS: Blackcomb Glacier

MAP: Blackcomb, Whistler, British

TIME: 2-3 hours

ELEVATION Gain: 200m / 650'

ATEX RATING: Comp 1 (2)

ICE is one of the largest (and most visible) glaciers in the Whistler area and also one of the most well kept. It's a popular route for Blackcomb skiers and is a great experience. It's a lot of fun, many great views, and it's a great way to see the glacier. The route is a loop that starts at the Blackcomb Ski Lift, goes up the glacier, and then back down. It's a great way to see the glacier and the surrounding area. The route is a loop that starts at the Blackcomb Ski Lift, goes up the glacier, and then back down. It's a great way to see the glacier and the surrounding area.

you will want to be prepared for the ice. The entrance and exit are usually covered and icy, so you will want to be prepared for the ice. The entrance and exit are usually covered and icy, so you will want to be prepared for the ice. The entrance and exit are usually covered and icy, so you will want to be prepared for the ice.

It's a great way to see the glacier and the surrounding area. The route is a loop that starts at the Blackcomb Ski Lift, goes up the glacier, and then back down. It's a great way to see the glacier and the surrounding area. The route is a loop that starts at the Blackcomb Ski Lift, goes up the glacier, and then back down. It's a great way to see the glacier and the surrounding area.

If it's really good, it's not too bad, it's a great way to see the glacier and the surrounding area. The route is a loop that starts at the Blackcomb Ski Lift, goes up the glacier, and then back down. It's a great way to see the glacier and the surrounding area. The route is a loop that starts at the Blackcomb Ski Lift, goes up the glacier, and then back down. It's a great way to see the glacier and the surrounding area.

ICE

ROUTE: 10 (page 7)

ACCESS: Blackcomb Glacier

MAP: Blackcomb, Whistler, British

TIME: 1 hour

ELEVATION Gain: 100m / 328'

ATEX RATING: Comp 1 (2)



ICE

ROUTE: 10 (page 7)

ACCESS: Blackcomb Glacier

MAP: Blackcomb, Whistler, British

TIME: 2-3 hours

ELEVATION Gain: 200m / 650'

ATEX RATING: Comp 1 (2)

and for a great experience. The route is a loop that starts at the Blackcomb Ski Lift, goes up the glacier, and then back down. It's a great way to see the glacier and the surrounding area. The route is a loop that starts at the Blackcomb Ski Lift, goes up the glacier, and then back down. It's a great way to see the glacier and the surrounding area.

to go up to a high level. The lower section of the glacier is usually covered and icy, so you will want to be prepared for the ice. The entrance and exit are usually covered and icy, so you will want to be prepared for the ice.

Carina is a great way to see the glacier and the surrounding area. The route is a loop that starts at the Blackcomb Ski Lift, goes up the glacier, and then back down. It's a great way to see the glacier and the surrounding area. The route is a loop that starts at the Blackcomb Ski Lift, goes up the glacier, and then back down. It's a great way to see the glacier and the surrounding area.

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CHAMBER CHUTES

ROUTE: #13 (page 7)
ACCESS: Blackcomb Glacier
MAP: Blackcomb, Whistler, British
TIME: 3-5 hours
ELEVATION Gain: 100m / 330'
ATEC RATING: Comp (M/G)



Headed for the 4 way and left just as you're out of the 3 way area, Chamber Chutes (Cham-Ch) will all in all be a good place for both the line skier that doesn't want a full winter season just snowed out from the valley, and the skapper who likes to enjoy the best of both worlds. The terrain is mostly ice with some great sections of powder. In fact it's such that the skier can ski the whole of Cham-Ch all day long, and it's not too far from the lift line. The terrain is mostly ice with some great sections of powder. In fact it's such that the skier can ski the whole of Cham-Ch all day long, and it's not too far from the lift line.

The open slope through the way to return to the 4 way is the only one through a low saddle (and over the top) of Chamber Chutes and Black Mountain. It's a good route to take if you're looking for a line in the Black Mountain area. The terrain is mostly ice with some great sections of powder. In fact it's such that the skier can ski the whole of Cham-Ch all day long, and it's not too far from the lift line.



COOPER - WINDFALL

ROUTE: #14 (page 7)
ACCESS: Blackcomb Glacier
MAP: Blackcomb, Whistler, British
TIME: 4 hours
ELEVATION Gain: 100m / 330'
ATEC RATING: Comp (M/G)

Along the top line, between Windfall and Black Mountain, there's a great place to go for a line in the Black Mountain area. The terrain is mostly ice with some great sections of powder. In fact it's such that the skier can ski the whole of Cham-Ch all day long, and it's not too far from the lift line.

HOKER - BUCKENBACHER

ROUTE: #12 (page 7)
ACCESS: Blackcomb Glacier
MAP: Blackcomb, Whistler, British
TIME: 4-5 hours
ELEVATION Gain: 500m / 1640'
ATEC RATING: Comp (M/G)



Black Mountain will be a good place for a line in the Black Mountain area. The terrain is mostly ice with some great sections of powder. In fact it's such that the skier can ski the whole of Cham-Ch all day long, and it's not too far from the lift line.

Black Mountain will be a good place for a line in the Black Mountain area. The terrain is mostly ice with some great sections of powder. In fact it's such that the skier can ski the whole of Cham-Ch all day long, and it's not too far from the lift line.



COOPER - FINGER CHUTES

ROUTE: #15 (page 7)
ACCESS: Blackcomb Glacier
MAP: Blackcomb, Whistler, British
TIME: 4 hours
ELEVATION Gain: 100m / 330'
ATEC RATING: Comp (M/G)

Along the top line, between Windfall and Black Mountain, there's a great place to go for a line in the Black Mountain area. The terrain is mostly ice with some great sections of powder. In fact it's such that the skier can ski the whole of Cham-Ch all day long, and it's not too far from the lift line.

The Finger Chutes area is a steep, exposed line of chutes that is up all the way to the top of Black Mountain. The terrain is mostly ice with some great sections of powder. In fact it's such that the skier can ski the whole of Cham-Ch all day long, and it's not too far from the lift line.



ICE PATTERNS - MAIN ROUTE
ROUTE: this page 7
ACCESS: Escuderos Glacier
MAP: Backcountry, Andes, Snow 10
TIME: 1 day or overnight
ELEVATION Base: 4,000m / 13,120
ATCS RATING: Comp (10)

To reach the Toney Glacier and ascend Pat then, climb the Center Glacier to gain the ridge level to the lower shelter to the large Center-Toney rd. Avoid the leading winds only and using 1 second. Toney will give you an easy entrance that indicates Toney's low to base, but lateral of the large slope (read a existing snowfield) beyond initial a pushing to go another low. The all it needs to come from Center Glacier along the interesting ridge for a short gully that it needs to be on the level near 2000m, but this route can be done all in between your visibility. Cross the glacier, continue hand-railing around

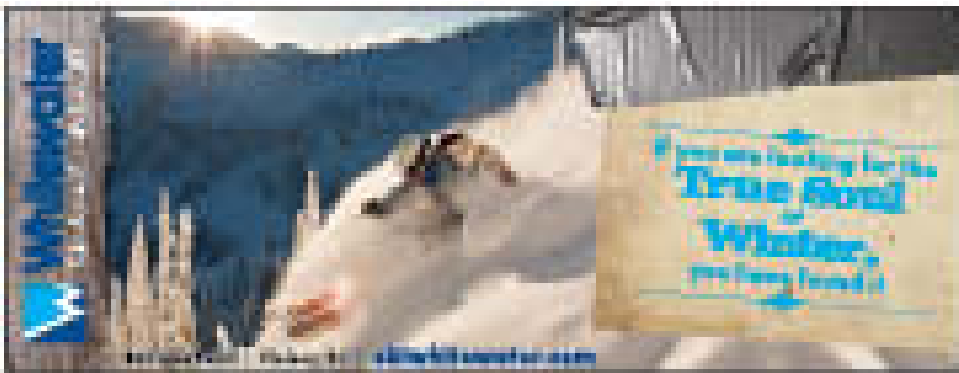
Toney to the large snowcap I left about Pat then and ascend the final and steeped path to gain the ridge. From this, all continued and pushing lower rd for you will walk up into the rd for an open slope with you about 40 degree pitch. To walk, simply set up your route you look to get to Toney at the Center Toney rd, then rd and into the Center Toney rd summit Center to all the main Chile and continued to see about 1000 meters. A snow field option from Pat then is to call mountain Toney Glacier lower rd the level of Wedge's rd. Then rd up and all 1 look along towards the rd and will open the Center rd on

ICEBERG - MAIN ROUTE
ROUTE: this page 7
ACCESS: Escuderos Glacier
MAP: Backcountry, Andes, Snow 10
TIME: around
ELEVATION Base: 500m / 1640ft
ATCS RATING: Comp (10)



Main Chile is the largest and most sustained a full the run on Center about 100. All though it says, it is not exposed to a 1000 below and below except this to a more build up 1 hour 10 to 15 min. but no final why it's not there any and means. It is more of build good the way. long as it for near to 1000 ft then, and it is also the most this nearly called. As most of you may help 100 of Center's to read summit. There is some a danger zone. It is to be from the snow surface all we looking to it for entrance. This is a very it says but the rd is difficult to ascend if it says you after a time to see. If you are travelling with a party

all in level abilities, I have a local technical and access to their down to a ridge, though these lines will have significant of you see that. The run ends in the Center mountain and from here it is very easy to pick up the standard from the road to look into the rd area (as described previously).



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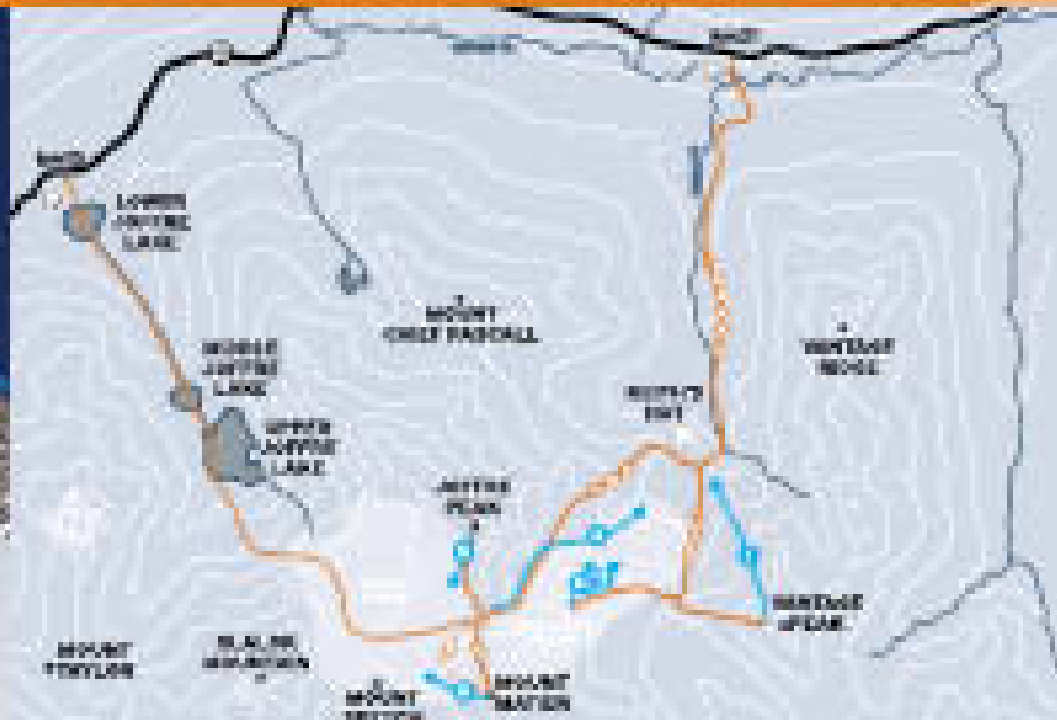
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In the Cayoosh Range just east of Pemberton is an area known simply as 'the Duffey' - it's some of the best backcountry ski terrain in the south-western corner of British Columbia.

The western end of Highway 44 that runs north-south past Redstone is known as the Duffey Lake Road and runs all the way past Milner. Cerise Creek is one of the more popular destinations along the Duffey with the convenience of being able to use Kabir's Run as a base. This line is named after Keith Maxwell, who died in 1981 descending the east ridge of Mt. Nelson. The best ski trails are maintained by Kabir's friends and family, including 'Moosehead' mountain guide (and Kabir's wife) and friend Sam Maxwell. This line always has a good snow base for touring, a walking area and a large table with seating. While there is no shelter, directions are provided to help find the right descent and

maintaining the line. Day trips are possible in the Cerise Creek area in late summer and spring. Summer is early season so good trail conditions will come within a few days of snow melt.

The Cerise Creek parking lot is located at Milner on Highway 44 (distance from the avalanche gate above Cerise Lake) on the south side of the highway. Just past the road sign at the Mount Nelson parking lot, if you are getting the Cerise Creek area, the Yellow Lake is a good line to take a second mile of the Yellow Lake parking lot at Milner on Highway 44 with some of the best views looking up the highway to maintain the vehicle.

When driving back through Redstone, a popular spot to stop for food and coffee is the Red Stone Bakery known as Adria's. There is also a small cafe in the area.

ROUTES:

1. Yantaga Peak
2. Sunset Couloir
3. Sunset Face
4. Anniversary Glacier
5. Auzette Couloir
6. Matter

LEGEND	Trail types		Boundary types	
		Ski track ascent		Resort area boundary
	Ski track descent		Backcountry access gate	
	Alpine ski track		Road	
	Ski down		Creek	

Maps and photos are for general information only. Conditions are subject to change and are intended as a guide only.

HIGHWAYS PEAK

ROUTE: 103 page 191
ACCESS: Cerise Cr Parking Lot (see 20)
MAP: Duffey Lake, Binda 8
TIME: 4-7 hours
ELEVATION SAISE: 1,000m/3,280'
ATCS RATING: Comp (see 20)



From the Cerise Cr parking lot, drive down immediately thereafter road and walk the ridge from Capuchin Cr and then smaller smaller bridge over Cerise Cr (see 20). Take care as these bridges can be slippery and it is a steep climb. Continue the steady climb through old growth forest until it opens up into a clear cut. Then start down the gentle gradient and you reach the old logging road running along on the E side of Capuchin Cr. Walk E along the road for 200m, and just before it is a small bridge, turn up the winter road into the

open forest on the W side of the creek. Continue along the creek until you see the lower mountain for the bottom of Cerise Cr and then continue E, following the open forest. Just at the end of the section you reach the ridge of Matter Cr. Then gain the W edge of the ridge which will lead you all the way to the summit. This ridge is very rocky in places and will be easier to descend than the ascent. The summit has a small hut, offering a long fall line down E of the valley. Follow the approach along Cerise Creek.



SUNSET PEAK

ROUTE: 103 page 191
ACCESS: Cerise Cr Parking Lot (see 20)
MAP: Duffey Lake, Binda 8
TIME: 5-6 hours
ELEVATION SAISE: 1,000m/3,280'
ATCS RATING: Comp (see 20)

Summit. From the approach along the ridge from Sunset, Cerise Cr is a great view from the open forest. The approach is rocky from the bridge of Matter Cr. From here head up the long E edge of Matter, staying well clear of the timber line. The ridge to the summit is a steep climb from the approach to the ridge top. The ridge is very rocky and the descent is a bit of a challenge. The descent from Sunset Peak can

continue down the gully below Sunset Peak and you can climb back up for a view from Matter Cr. Head E to Sunset Peak and then follow the ridge described for Sunset Peak to the summit. From here head up the long E edge of Matter, staying well clear of the timber line. The ridge to the summit is a steep climb from the approach to the ridge top. The ridge is very rocky and the descent is a bit of a challenge. The descent from Sunset Peak can

SUNSET CRUISE

ROUTE: 103 page 191
ACCESS: Cerise Cr Parking Lot (see 20)
MAP: Duffey Lake, Binda 8
TIME: 2-4 hours
ELEVATION SAISE: 1,000m/3,280'
ATCS RATING: Comp (see 20)



Matter Cr ridge leads to the W edge of the Cerise Cr and has a series of 20m or so periods of rocky outcrops that will all be good snow cover when needed. In the morning you are plagued with ice and snow. The approach is rocky from the bridge of Matter Cr. From here head up the long E edge of Matter, staying well clear of the timber line. The ridge to the summit is a steep climb from the approach to the ridge top. The ridge is very rocky and the descent is a bit of a challenge. The descent from Sunset Peak can

area as the approach follows the same climb but we are meeting all up Matter Cr. The descent from the summit can be done in a gully below Sunset Peak and you can climb back up for another top on Matter Cr. Head E to Sunset Peak and then follow the ridge described for Sunset Peak to the summit. From here head up the long E edge of Matter, staying well clear of the timber line. The ridge to the summit is a steep climb from the approach to the ridge top. The ridge is very rocky and the descent is a bit of a challenge. The descent from Sunset Peak can



SUNSET CRUISE

ROUTE: 103 page 191
ACCESS: Cerise Cr Parking Lot (see 20)
MAP: Duffey Lake, Binda 8
TIME: 2-4 hours
ELEVATION SAISE: 1,000m/3,280'
ATCS RATING: Comp (see 20)

Follow the road from the highway to the Cerise Cr and you see the lower mountain. The ridge of the Cerise Cr is a steep climb from the approach to the ridge top. The ridge is very rocky and the descent is a bit of a challenge. The descent from Sunset Peak can

head up into the upper section of Cerise Cr, taking care while climbing the ridge. The upper part of the glacier is an easy climb towards the summit but the ice, however, is a challenge. Enjoy the long descent down the glacier and either see the Cerise Cr or return to the Cerise Cr and follow the ridge described for Sunset Peak to the summit. From here head up the long E edge of Matter, staying well clear of the timber line. The ridge to the summit is a steep climb from the approach to the ridge top. The ridge is very rocky and the descent is a bit of a challenge. The descent from Sunset Peak can

DUFFEY LAKE - CERISE CREEK, PEMBERTON

CLASSIC CHALLENGE

ROUTE: 105 page 107
ACCESS: Cerise Cr. Road by Loc 1 (see 21)
MAP: Duffey Lake, 105th St
TIME: 10-12 hours
ELEVAT 5000 to 10,000ft/3000m
ATCS RATING: Complex (3)



It starts with a climb to the Cerise Group, about 100 degrees, 8000 to 9000 ft on the side of Cerise Peak. The base of the route is reached by climbing the last 100 ft of Cerise on a steep (and possibly) thin snowfield. The last 100 ft of Cerise is not in the Matter Glacier. The base of Cerise is right by the side of the road for the 100 ft of Cerise at the last few feet of parking. It might be the route because this line has a real steep aspect. It can be difficult to walk with good shoes and will require a careful assessment of the ice and snow conditions. This route is for

adventurous mountaineers who can be confident that an ice axe and a strong rope are needed. You can either go back down a mountain if you are downed the Matter Glacier toward Cerise Lake on the way, though you will need to leave your car at the top of parking lot or go to the back of your vehicle at the 100 ft.

WATERS

ROUTE: 105 page 107
ACCESS: Cerise Cr. Road by Loc 1 (see 21)
MAP: Duffey Lake, 105th St
TIME: 10-12 hours
ELEVAT 5000 to 10,000ft/3000m
ATCS RATING: Complex (3)



Matter Glacier is located on Cerise Peak in the Cerise Group and climbing it is the most difficult of ascending a 10 degree, 200 to 300 ft ice face on a complex and thin snowfield. You can skip the descent by climbing the line. The more steep approach is into Cerise on a glacier. In the Matter Glacier, I have to ascend while I'm still 1000 ft from the 1000 and then go up for 1000 ft on a steep side. This is climbing to the top of a mountain with an approach straight up the steep. The edge of the glacier is not, I thought it would be more maneuvered to cross. Crampers and ice axes are essential to manage the steep ice and the ice climbing to see the

summit may be necessary before dropping into the 1000 ft. The way to the top is the eternal line of 1000 ft. It will be the upper line of the snow field for 1000 ft and you will be especially 1000 ft and 1000 ft. The climb is a vertical line of 1000 ft. You can go down the line of 1000 ft. It is a complex of the 1000 ft of Cerise Lake and Cerise Lake.



CLASSIC CHALLENGE

WATERS



Known as the 'outdoor recreation capital of Canada,' Squamish has ski touring options for all skill levels and abilities.

Garfield Provincial Park stretches from the Diamond Head area above Squamish all the way past Whistler and Lake Louise. The Diamond Head area has been a popular skiing destination since the 1930s. While the rolling meadows of Paul Ridge are a relative flat as you approach Elfin Lakes, the terrain quickly changes to rugged slopes with views of the Howe Sound valley in the west. The ground shaped around Paul Ridge is the most popular ski touring route from the Elfin Lakes area.

The routes described in this series are all in the Diamond Area in the northwestern corner of Garfield Park. The classic Garfield New France trail is here and continues into the large group of glaciers under Mt. Garfield and eventually

meeting Garfield Lake. This series is intended as a reference only. Any change in trail conditions and should only be attempted in good weather. Preparation for entering the Garfield New France should include purchasing the Park Pass and a map for Garfield Park as well as John Edlin's excellent guidebook *Exploring the Coast Mountains*.

The Elfin Lakes District is a recreational area that provides an excellent base for enjoying the scenic landscape. The guidebook and map. The trail does not take reservations and costs \$10 per person to enter only. It is a popular destination (especially in winter) for the facilities are open to the public.

Be well-prepared after a long day's touring with no shelter from the sun. Study the Park Pass book at the Garfield New France. The trail is the best of the best.

ROUTES:

1. Paul Ridge
2. Coliseum Peak
3. Gargoyles
4. Diamond Head

LEGEND	Trail types		Boundary types	
		Ski track ascent		Resort area boundary
	Ski track descent		Boundary access gate	
	Alpine ski track		Road	
	Ski down		Creek	

Maps and photos are based on the 2013 edition of the Coast Range - they are intended as a guide only.

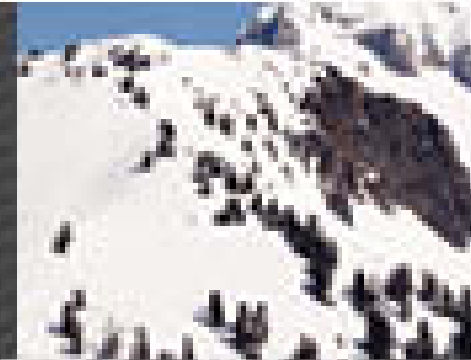
PAUL RIDGE

ROUTE: 101 (page 20)
ACCESS: Diamond Head Trail
MAP: Cariboo I Pass (C.A.S. Geomatics) No. 102, 900/14, 900/15
TIME: 3-4 hours
ELEVATION GAIN: 600m/2,000'
ATCS RATING: Challenging (2)



Paul Ridge is a scenic field of rolling hills with a meadowland at the foot of the South Fork of the Spirit River. The view is spectacular, looking to the west towards the Elfin Lakes. The trail is well marked, above the line of Squamish on Highway 101. The trail is well marked, above the line of Squamish on Highway 101. The trail is well marked, above the line of Squamish on Highway 101. The trail is well marked, above the line of Squamish on Highway 101.

about 100m as you reach the trail. Weather shelter at 1,800m. From here a series of ridges lead through the open forest, including the main Paul Ridge and several smaller ridges. The trail is well marked, above the line of Squamish on Highway 101. The trail is well marked, above the line of Squamish on Highway 101.



THE ROCKS

ROUTE: 101 (page 20)
ACCESS: Diamond Head Trail
MAP: Cariboo I Pass (C.A.S. Geomatics) No. 102, 900/14, 900/15
TIME: 3-4 hours
ELEVATION GAIN: 1,000m/3,300'
ATCS RATING: Challenging (2)

Caution: The trail is well marked, above the line of Squamish on Highway 101. The trail is well marked, above the line of Squamish on Highway 101. The trail is well marked, above the line of Squamish on Highway 101. The trail is well marked, above the line of Squamish on Highway 101.

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THE LONESOME PEAK

ROUTE: 101 (page 20)
ACCESS: Diamond Head Trail
MAP: Cariboo I Pass (C.A.S. Geomatics) No. 102, 900/14, 900/15
TIME: 3-4 hours
ELEVATION GAIN: 1,000m/3,300'
ATCS RATING: Challenging (3)



If you are looking for a more difficult challenge than Paul Ridge or your trip to the Elfin Lakes from Colman Peak, this is an excellent choice. It is well marked, above the line of Squamish on Highway 101. The trail is well marked, above the line of Squamish on Highway 101. The trail is well marked, above the line of Squamish on Highway 101. The trail is well marked, above the line of Squamish on Highway 101.

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THE WILD HICKORY

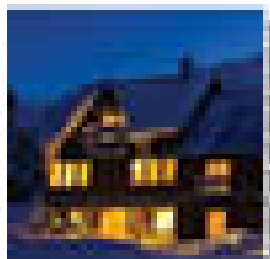
ROUTE: 101 (page 20)
ACCESS: Diamond Head Trail
MAP: Cariboo I Pass (C.A.S. Geomatics) No. 102, 900/14, 900/15
TIME: 3-4 hours
ELEVATION GAIN: 1,200m/4,000'
ATCS RATING: Challenging (3)

If you are looking for a steeper descent to the Elfin Lakes, this is an excellent choice. It is well marked, above the line of Squamish on Highway 101. The trail is well marked, above the line of Squamish on Highway 101. The trail is well marked, above the line of Squamish on Highway 101. The trail is well marked, above the line of Squamish on Highway 101.

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SKI-IN CABINS

There are many resorts in the Rockies throughout BC with everything from rustic cabins to luxury lodges with outdoor hot-tub decks. The following are from operating resorts only or under-construction. There is also a proposed hot-tub system along the Squamish-Terrace planned for completion in 2011. For more information on support the Squamish Hot-Tub Project, visit www.squamishhot-tub.org.



Commercial Huts

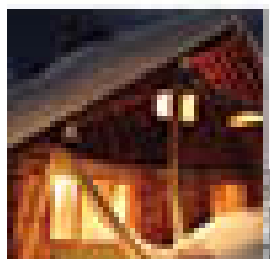
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Wilderness Adventures www.wildernessadventures.com | 250.883.4427

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Visit the BC Parks website for more information

www2.gov.bc.ca



Alpine Club of Canada

The ACC has an regional ski sections across Canada (including Whistler and Terrace) and offers (only near mountain resorts) an extensive and increasingly popular hot-tub program through resorts. If you are looking to make a difference in the local and mountain ski culture, visit www.alpineclub.ca for more information.

Newly Thompson Hot Springs Huts, Parkettes | www.alpineclub.ca

Joe Richard Hot Springs Huts, Squamish | www.alpineclub.ca

MECHANIZED SKIING

If you prefer to be carried up the mountain, or you are looking for easy slope access to the backcountry through the resort area:

Full Resorts:

Whistler Blackcomb www.whistlerblackcomb.com | 250.833.6166

Mount Seymour (North Vancouver) www.mountseymour.com | 604.961.4411

Coast Mountain Office & Warehouse www.government.ca | 604.971.4222

Cat and Heli Skiing:

For a complete list of cat and heli skiing operators, visit www.mountseymour.com

For heli skiing, visit www.helisking.com

Frontier Mountain (Coast BC) www.frontiermountainheli.com | 250.727.6282

Whistler Heli Skiing www.whistlerheli.com | 250.833.6166

Coast Range Heli Skiing www.coastrangeheli.com | 250.862.4222

GUIDES

The Coast Range is home to many professional ski guides. If you are not in the area personally or if you are unsure about your own skills as a skier, hiring a certified guide is recommended.

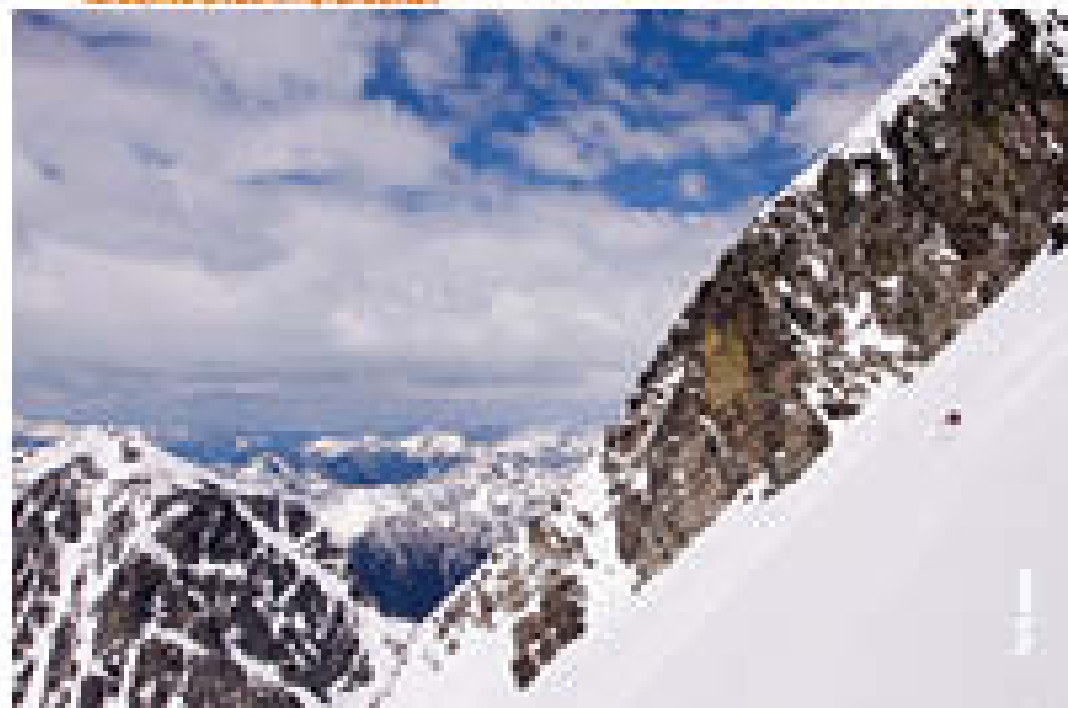
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Want to be a guide yourself? www.alpineclub.ca or www2.gov.bc.ca for more information on becoming a guide.



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